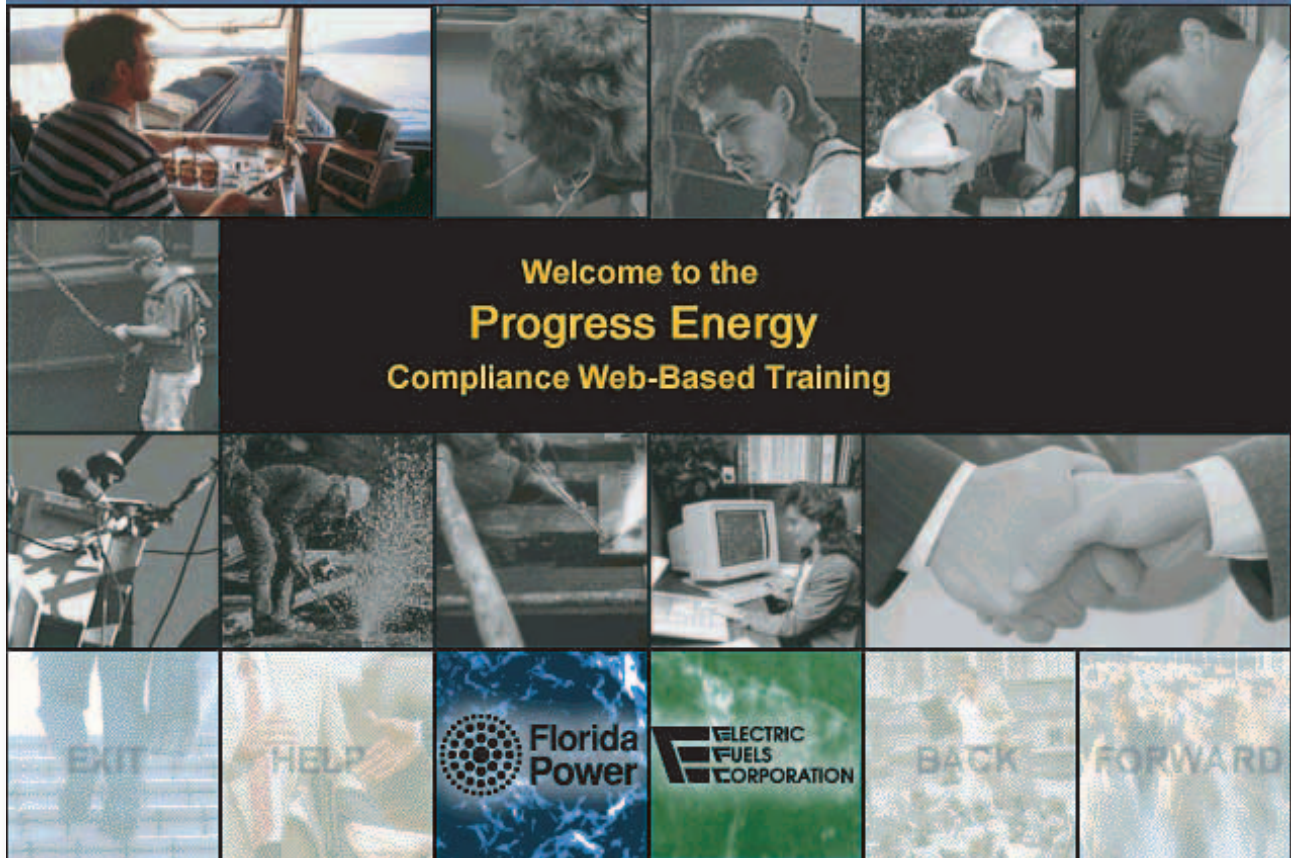




presents Innovative Training Solutions developed for...

Progress Energy

Cross Media Compliance Training www.progress-energy.com



Powerful Cross Media Solution



NON-THREATENING TRAINING
REACHES EMPLOYEES FROM
DESK TOPS TO BARGES.

"I'm proud to report that this high visibility project is a huge success. We trained over 2,000 employees in the first 2 weeks!"

Suzanne Ennis
Compliance Officer
Progress Energy



Sealund Special Report

Contact Sealund at 1-800-434-8000 for more information
consultants@sealund.com • www.sealund.com

Nuclear Operations:

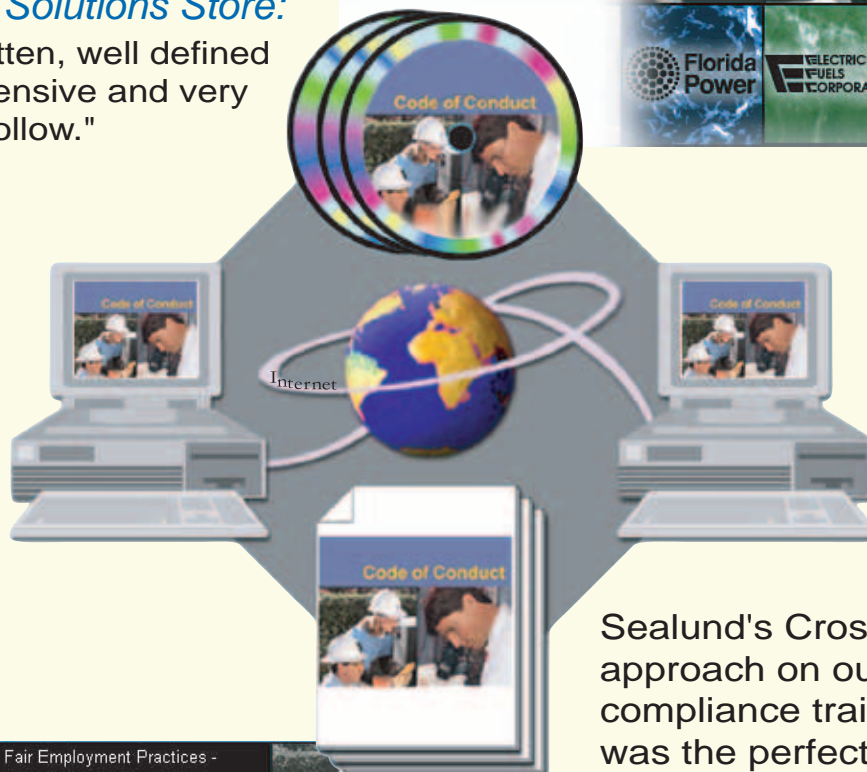
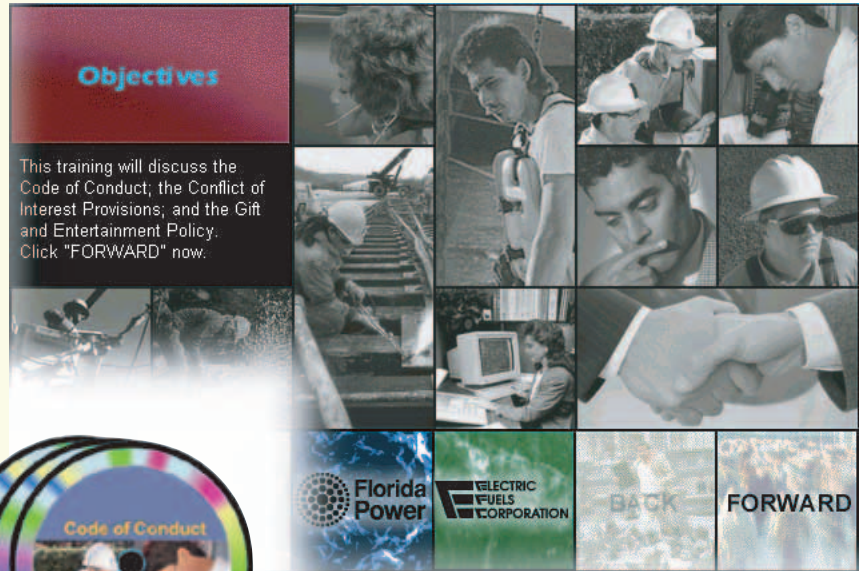
"This is great! Thorough yet painless."

Treasury Services:

"Enjoyed web-based format this year."

Sebring Solutions Store:

"Well written, well defined comprehensive and very easy to follow."



Sealund's Cross Media approach on our high visibility compliance training project was the perfect solution. We have used all the media: WBT, CD-ROM and PBT (Paper-Based training). Sealund's single design approach to our training was cost effective and time efficient. It requires minimal administrative time, and reduces the time away from the job."

Suzanne Ennis
Compliance Officer
Progress Energy



Fair Employment Practices -
The Company wants to offer each employee an equal opportunity to reach career goals.

Health & Safety -
The Company wants all employees to work in a safe environment.
Employees must follow the safety rules.